Step 1 : Turn Off Mobile data

Step 2:

1. Go to *Settings > About device* and tap on *Build number* seven times to unlock the *Developer options*. If you have a Samsung Galaxy, it might be *Settings > About device > Software info > Build number*.
2. You’ll get a pop-up message telling you that you are now a developer.
3. Go to *Settings > Developer options* and look for *Running services* or *Process statistics* (depending on the version of Android you have).

Step 3:

Check any services that relate to Cast.

if any then stop.

<https://www.digitaltrends.com/mobile/android-apps-background-kill/>